November 29th 2026 1st Sunday of Advent Year B Mark 13:33-37

13:33 Beware, keep alert; for you do not know when the time will come. 34 It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. 35 Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, 36 or else he may find you asleep when he comes suddenly. 37 And what I say to you I say to all: Keep awake.'

➢ **Read and re-read** – out loud and slowly the Gospel. ➢ **Meditate -** on reading as being spoken to you, an experience in your life.	➢ **Pray -** Thanksgiving – Repentance – Petition. ➢ **Action** – Attitude (Call to change / to act /to do).

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In this week's gospel Jesus is asking us to stay awake and always have hope because we never know when we will receive grace filled moments.

Are there times in our lives when we fall asleep and loose hope. It is good to know Jesus is there for us and can fully understand our state of mind. To hear His words of comfort we must stay awake and wait in the belief that He hears our call.

Prayer:

Thank You Lord for the people who have always been there for us when others sleep.

Forgive us Lord for giving up too quickly and stop believing in you because we are impatient.

Help us all Lord not to despair but to stay awake believing that you are only waiting to hear our call.